

July 2018 Menu

Lunch served at 12:00 Monday through Friday. Suggested donation \$3.00 age 60 & over; \$8.75 cost, age 59 & under. Meal Cards available. \$ 60.00

Menu subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Tortellini with Sauce	3 BBQ Chicken	4 CLOSED Please use frozen meal—home delivered	5 Salisbury Steak	6 Aloha Chicken
9 Chicken and Biscuit	10 Teriyaki Meatballs	11 Pot Roast	12 Chicken Parm	13 Fish
16 MASC CLOSED Upper Valley Senior Center Menu Baked Ziti	17 MASC CLOSED UVSC Menu Baked Sole	18 MASC CLOSED UVSC Menu Hamburger Stroganoff	19 MASC CLOSED UVSC Menu Chicken with Spanish Rice Birthday Cake	20 MASC CLOSED UVSC Menu Macaroni and Cheese
23 Beef Stew	24 Tuna Noodle Casserole	25 Eggs with Hash Birthday Dessert	26 Maple Chicken	27 Mascoma Savings Bank Cook Out ! Please join the Bank for lunch Home Delivered BBQ Chicken
30 Spaghetti with meatballs	31 Cold Salad Plate / Chef Salad			