



WHERE: Corner of Canaan Street and School Street, Canaan, NH at Social-Summit Lodge #50

WHEN: July 7th, 2018
7:30AM for same day registration
8:30AM Kids Fun Run Starts!
9:00AM Road Race & Walk Starts!

REGISTRATION FEES thru 6/22:
\$15 for the 5k Course
\$10 for 1.5 mile Walk Course
\$10 1.5 Mile Run/Walk (Kids 15 and under only)
\$5 through June 22nd (Kids 10 and under for the Fun Run)

\$20, \$15, \$15 and \$10 after June 22nd. Contact mvalleyrec@gmail.com for more information.

For more information on how to be a sponsor, contributor or race volunteer contact mvalleyrec@gmail.com.

***The Sixth Annual
"4 FOR the 4th"
will not be professionally timed;
but we will do our best to
provide you an accurate finish
time!
We will post the results online.***

Social-Summit Lodge #50

Sixth Annual "4 FOR the 4th" Road Race, Walk & Kid's Fun Run

In Memory of Nate Harpootlian

This year our race will be on Saturday, July 7th!

Join Social-Summit Lodge #50 in Canaan, NH for their sixth annual "4 for the 4th" Road Race and Walk. **NOW A 5K RUN!** There will be water stops along the route, prizes for top finishers and refreshments for the participants! Show your national pride and run or walk in red, white and blue!

- There will be:
 - FREE gift (guaranteed for all participants registered by June 15th)
 - Prizes!
 - Completion prize for all kids in the "Fun Run"!

The "Kids Fun Run" is for kids 10 and under and will loop around the Canaan Elementary school and come back to the Social Summit Lodge. Four different fun-filled activities await the kids on the route!

Same day registration begins at 7:30 AM at the Social-Summit Lodge on School Street in Canaan. Kid's Fun run will start at 8:30 AM, the 4-mile Road Race and 1.4 mile Walk begins at 9:00 AM

Online registration:
<https://runsignup.com/Race/NH/Canaan/4onthe4th>

All proceeds will go to support Mascoma Valley Parks & Recreation, and the **charitable efforts of the Masons of Social Summit Lodge #50**, which include college scholarships for local high school students. This year, the "4 for the 4th" is held in memory of Nate Harpootlian, an active member of Social-Summit Lodge #50 and good friend of many.