

**2018 Social-Summit Lodge #50  
 "4 FOR the 4<sup>th</sup>" 5k Road Race, Walk and Kids Fun Run  
 Saturday, July 7th**

**\*Checks should be made payable to *Social Summit Lodge #50***

\*\*Register online at <https://runsignup.com/Race/NH/Canaan/4onthe4th> or drop registration form and payment off at the Canaan Town Office or mail to:  
 Town of Canaan, ATTN: Kati Jopek, PO Box 38, Canaan, NH 03741

NAME: \_\_\_\_\_

TOWN, STATE: \_\_\_\_\_ E-MAIL ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_ AGE ON RACE DAY: \_\_\_\_\_ MALE/FEMALE: \_\_\_\_\_

**4 for the 4<sup>th</sup> Registration (Choose One):**

- o **5k RACE - \$15.00** (\$20.00 after June 22<sup>nd</sup>)
- o **1.5 MILE WALK or 1.5 MILE RUN (15 & under only) - \$10.00** (\$15.00 after June 22<sup>nd</sup>)
- o **KIDS FUN RUN (10 and under only) - \$5.00** (\$10.00 after June 22<sup>nd</sup>)

**T-shirt available for purchase and size guarantee only if registration is received by June 15<sup>th</sup>.**

**\$12.00/ADULT SHIRT SIZE (indicate one):      \$7.00/CHILD SHIRT SIZE (indicate one):**

SMALL - \$12.00	Y SMALL - \$7.00
MEDIUM - \$12.00	Y MEDIUM - \$7.00
LARGE - \$12.00	Y LARGE - \$7.00
XL - \$12.00	N/A

**FREE GIVEAWAY OPTION (can be in addition to the shirt purchase):**

Custom "4 on the 4<sup>th</sup>" Gift (Circle One):      YES, PLEASE      NO, THANK YOU

**LIABILITY WAIVER:** I know that running or walking a road race is potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, including but not limited to: pot holes, cracks in pavement, rocks, varying terrain and narrow shoulders, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or roller blades, animals, and personal music players are not allowed in the race and I will abide by all race rules. Having read this waiver and knowing these facts and inconsideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Masons of Social Summit Lodge #50, the Canaan Recreation Commission, Mascoma Valley Parks & Recreation, and the town of Canaan, and all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature (if over 18): \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Guardian (if not 18 years old): \_\_\_\_\_ Date: \_\_\_\_\_