

Mascoma Valley Parks & Recreation
Regional Recreation Update

Save time and paper with online registration! If you have not already created an account with Mascoma Valley Parks & Recreation, please check out our new site and make an account for you and your family!

Recreation Website: <https://mvpr.recdesk.com/Community/Home>

Fall has announced its presence in the Mascoma Valley with cooler temperatures and changing leaves. Our fall programming has officially kicked off and we are looking forward to our winter programming next. Line Dancing on Mondays at MVRHS and on Thursdays at the Enfield Community Building, more painting classes, Halloween activities, Cross Country Skiing and the downhill ski and ride program. Please stay tuned and see below for more information!



Support the IRS Finding our Stride Cross Country and Track team! Participate in their fundraiser road race on October 28th. You can choose to run 12K or 5K.

Link to Register: <https://register.chronotrack.com/r/42535>

In the spirit of New Hampshire's 12K race history, come join us on October 28, 2018 in scenic Enfield, NH. We will be offering race distances of 12K, which will be a certified course, as well as a 5K race for those who want a shorter distance. The race will benefit the Track and Cross Country programs at Indian River School. These programs are not school-sponsored sports, so fundraising is vital to the success of the programs.

A Halloween inspired kid's fun run will also be offered, with prizes for the best costume and candy offered on the course. For those familiar with the Shaker 7 race in Enfield, you will be familiar with the course, which is almost exactly the same as the 12K we will be offering. Football fans, don't worry you will spend the morning on a beautiful fall course and be home by the 1:00PM kickoff.

Upcoming & Ongoing Recreation Events, Programs and Activities:

For details about programs listed below and/or to register, please go to:

<https://mvpr.recdesk.com/Community/Home>

- **Mascoma Valley Guitar Orchestra**, weekly rehearsals on Sundays at the Department of Public Works starting at 6:30pm. \$3/session (Registration not required)
- **Adult Volleyball**, on Sundays from 6-8pm at MVRHS (Contact mvalleyrec@gmail.com for more details)
- **Adult Basketball**, on Sundays from 10am-12pm starting October 14th at MVRHS
- **Line Dancing**, on Thursdays at the Enfield Community Building from 5:10-6:10pm. Mondays starting September 10th in the CPL Room at MVRHS from 4:30-5:30pm. Drop-ins allowed, no advance registration required.
- **Painting Classes (wet-on-wet technique)** – Friday Night Fun: BYOB! Classes are held at the Enfield Community Building. Bring a bottle of wine and some friends or family members to share it with!
 - **Dates:**
 - October 5 from 6pm-9pm
 - October 12 from 6pm-9pm
 - October 26 from 6pm-9pm
 - November 16 from 6pm-9pm (downstairs meeting room)
 - Cost is \$45 and all materials are included; participants take home their painting at the end of class
 - \$5 off the registration fee for the designated driver, plus free non-alcoholic refreshment
 - <https://mvpr.recdesk.com/Community/Home>
- **Bob Ross Painting Classes** – Classes are Saturdays or Sundays from 1pm-4pm at the Enfield Community Building.
 - **Dates:**
 - Landscape: Saturday, October 6
 - Landscape: Saturday, October 20
 - Landscape: Saturday, November 17 (downstairs meeting room)
- **Finding Our Stride: Indian River Cross Country Running (grades 5-8)**
 - August 28-October 25; practices are held Monday, Tuesday and Thursday.
 - The team is currently full, but if you are interested in registering your child, please contact mvalleyrec@gmail.com and we will add your name to the “wait list”
- **Coming Soon:**
 - Cross Country Ski Program at Canaan Elementary School
 - Grades 1-4; 3:30-4:30pm; Starting in January (weather depending)
 - After School Ski & Ride Program at Whaleback Mountain
 - Grades K-12; Starting in January (weather depending)